

NY IMPLANT DENTISTRY

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PERIODONTICS, AESTHETIC AND IMPLANT DENTISTRY

Alloderm PRE-Operative Care Instructions & Information

DISCONTINUE aspirin and any medications containing aspirin for two weeks prior to your surgical appointment, unless instructed by your physician **not** to discontinue medications

DISCONTINUE Advil, Aleve or any non-steroidal anti inflammatory medication one week prior to your surgical appointment. You may substitute Tylenol for these medications.

Discontinue Vitamin E for one week prior to your surgical appointment.

If you are taking anticoagulant medications, i.e. Plavix, Coumadin etc. , the Doctor must contact your physician to discuss therapy immediately. Please inform us prior to your treatment

Take all prescription antibiotics as directed by your physician for atrial fibrillation, heart murmurs, or mitral valve prolapse. If our office prescribes an antibiotic for our surgical treatment, we ask that you start taking it the day prior to your surgery

Take all your routine medication as prescribed by your physician. Please inform our office of all medications you are currently taking, as well as any allergies you may have.

DISCONTINUE smoking for one week prior to surgery and one week post surgery

Plan to rest at home for the remainder of the day and the day after your surgical appointment

Eat a light meal prior to your surgical appointment. Avoid heavy and greasy foods.

Following surgery, you should have cold liquids for your next three meals. Protein shakes, Ensure, Ice Cream, and frozen yogurt are good choices. Ice packs should be applied for 24 hours. It is best to buy 2 bags of frozen peas as they conform to the contour of your face.

You will be able to go home on your own after surgery if local anesthesia is used but you may wish to have to have someone escort you home. If you wish to take an oral sedative such as valium, please let us know ahead of time. If you are having IV sedation you must have someone escort you home.

